

## WVCS Market Rules:

- 1) A lottery system is used so we can be fair to all clients who want to shop in the Market. Lottery ticket numbers are drawn at random **at 9:00 AM & 1:30 PM. The lottery count begins 5 minutes before the drawing and you must be in line to be included in the lottery count.** If you are not included in the lottery, your number will be assigned on a first come, first served basis.
- 2) The last ticket number to shop is given out at **11:00 AM & 3:30 PM. This provides those who have signed up time to shop and to clean & close the Market.**
- 3) Please let Staff know if you are shopping for more than one family.
- 4) **You must be present when your number is called to shop in the Market. If you are not present, you will then be the last client to shop.**
- 5) Housed clients can shop **once** a week. Unhoused/HTH clients may shop 3x's a week. All clients may return to shop again on Fresh Friday.
- 6) **FRESH FRIDAY**, or Friday afternoon, is for produce and perishable shopping only. Refrigerators or shelves that are locked or covered are not available at this time.
- 7) You will be allowed **10 minutes to shop** in the Market. The timers are set on your cart for 8 minutes to remind you when it beeps that you have 2 more minutes to shop. Please let your case manager know if you require special accommodations in the Market.
- 8) **Your family size determines the number of each item** that you are allowed. Please do not take more than the number assigned. **Children are allowed in the Market but must be supervised by the parent/guardian. If needed, volunteers will assist you with your shopping.**
- 9) Please place all items directly onto your cart to be weighed at Market exit. **There is no weight limit.**
- 10) After you unload your cart, you are responsible for returning the cart back to the Market.
- 11) If you don't **have time to shop**, there are prepared grocery bags for you. They are filled with dry goods, proteins and produce available in the Market that day. Let us know if you have any dietary restrictions. You may return any items you do not want & no substitutes will be made.
- 12) All Market items have been **donated from local stores. Do not attempt to return/exchange.**

*\*Failure to follow the pantry rules will result in either shopper assistance or suspension of Market privileges.*

**Lottery Count is at: 8:55 AM & 1:25 PM**

**Lottery Begins at: 9:00 AM & 1:30 PM**

**Last Ticket Number Given Out at:**

**11:00 AM / 3:30 PM / 7:00 PM**

### Market Shopping Hours

<b>Monday</b>	<b>9:30 - 11:30 AM</b>	<b>2:00 - 4:00 PM</b>
<b>Tuesday</b>	<b>9:30 - 11:30 AM</b>	<b>2:00 - 4:00 PM</b>
<b>Wednesday</b>	<b>9:30 - 11:30 AM</b>	<b>2:00 - 4:00 PM</b>
<b>Thursday</b>	<b>9:30 - 11:30 AM</b>	<b>2:00 - 4:00 PM 5:30 - 7:00 PM</b>
<b>Friday</b>	<b>9:30 - 11:30 AM</b>	<b>2:00 - 4:00 PM <i>produce &amp; perishables only</i></b>

### Food Information & Expiration Dates

"Use By Date"	<ul style="list-style-type: none"> <li>- Not safe after this date: baby food and nutritional supplements</li> <li>- Safe 1-2 weeks after date: bacon and lunch meats</li> </ul>
"Sell By" OR "Enjoy By" Date	<ul style="list-style-type: none"> <li>- Safe 7 days after date: <b>milk</b> and <b>bread</b></li> <li>- Safe 2 weeks after date: <b>yogurt</b></li> <li>- Safe 2-3 weeks after date: <b>eggs</b></li> <li>- Safe 3-5 months after date: <b>cheese</b></li> </ul>
"Best if Used By"	<ul style="list-style-type: none"> <li>- Safe 12 months after date: <b>acidic food in cans</b> (ex. <b>canned tomatoes, canned fruit</b>)</li> <li>- Safe 2 years after date: <b>rice</b></li> <li>- Safe 2-3 years after date: <b>non-acidic food in cans</b> (ex. <b>canned soup</b> and <b>canned beans</b>)</li> <li>- Safe 4-5 years after date: <b>pasta</b></li> </ul>